

## Twin Valley League Varsity Meet - 5/13/2010

## Valley Heights Jr Sr High School

## Results

**Boys 100 Meter Dash**

Name	School	Prelims
<b>Preliminaries</b>		
1 Engelken, Mitch	B&B	11.20Q
2 Allen, Cody	Washington	11.21Q
3 Jesse, Taylor	Axtell	11.28Q
4 Frager, Jake	Washington	11.44Q
5 Bloomfield, Brayden	Clifton-Clyde	11.46Q
6 Jones, Grant	Blue Valley	11.55Q
7 Heiman, Tyler	Axtell	11.47q
8 Steinlage, Phil	Centralia	11.48q
9 Crook, Jordan	Valley Heights	11.62
10 Schraad, A.	B&B	11.71
11 Long, Mitchell	Clifton-Clyde	11.72
12 Scheibe, Gavin	Axtell	11.81
13 Stueve, Dalton	Blue Valley	11.99
14 Talkington, Kaylor	Centralia	12.18
15 Kramer, Bradley	Washington	12.25
16 Phinney, Justin	Blue Valley	12.63

**Boys 100 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Allen, Cody	Washington	11.22 10
2 Jesse, Taylor	Axtell	11.31 8
3 Bloomfield, Brayden	Clifton-Clyde	11.38 6
4 Engelken, Mitch	B&B	11.50 4
5 Steinlage, Phil	Centralia	11.56 2
6 Jones, Grant	Blue Valley	11.62 1
7 Heiman, Tyler	Axtell	11.97
8 Frager, Jake	Washington	12.09

**Boys 200 Meter Dash**

Name	School	Prelims
<b>Preliminaries</b>		
1 Todd, Clinton	Onaga	22.90Q
2 Allen, Cody	Washington	22.96Q
3 Frager, Jake	Washington	23.06Q
4 Jesse, Taylor	Axtell	23.44Q
5 Glatczak, Michael	Centralia	23.68Q
6 Diederich, Jerod	Hanover	23.90Q
7 Dobrovolny, Brody	Valley Heights	23.65q
8 Engelken, Mitch	B&B	23.90q
9 Schraad, A.	B&B	24.00
10 Heiman, Tyler	Axtell	24.56
11 Buessing, D	B&B	24.64
12 Stueve, Dalton	Blue Valley	24.77
13 Olberding, Sam	Centralia	25.67
14 Wren, Jake	Clifton-Clyde	26.62
15 Hyatt, Charles	Valley Heights	27.18

**Boys 200 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Allen, Cody	Washington	23.12 10

2 Todd, Clinton	Onaga	23.40 8
3 Jesse, Taylor	Axtell	23.72 6
4 Glatczak, Michael	Centralia	24.00 4
5 Engelken, Mitch	B&B	25.06 2
6 Diederich, Jerod	Hanover	29.72 1

**Boys 400 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Todd, Clinton	Onaga	51.19 10
2 Jesse, Taylor	Axtell	52.35 8
3 Glatczak, Michael	Centralia	53.15 6
4 Long, Mitchell	Clifton-Clyde	54.16 4
5 Beatty, Jacob	Onaga	55.15 2
6 Steinfort, Austin	Hanover	55.32 1
7 Hellebust, Jeb	Blue Valley	56.02
8 Welch, Corey	Washington	56.72
9 Trimble, Cody	Valley Heights	56.84
10 Koch, Dan	Frankfort	57.13
11 Eisenbarth, Tom	Onaga	57.68
12 Parker, Alex	Washington	59.34

**Boys 800 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Mock, Mark	Washington	2:02.06 10
2 Scheibe, Gavin	Axtell	2:04.12 8
3 Sipe, Chris	Clifton-Clyde	2:05.31 6
4 Koch, Matt	Frankfort	2:10.49 4
5 Diederich, Jerod	Hanover	2:12.99 2
6 Wilson, Caleb	Washington	2:14.11 1
7 Rogers, Grant	Clifton-Clyde	2:45.84

**Boys 1600 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Potuzak, Alex	Clifton-Clyde	4:41.34 10
2 Mock, Mark	Washington	4:48.24 8
3 Berger, Lane	Valley Heights	4:56.15 6
4 Koch, Lukas	Centralia	4:58.71 4
5 Welch, Corey	Washington	5:00.96 2
6 Dreith, Alan	Blue Valley	5:03.18 1
7 Scheibe, Gavin	Axtell	5:10.96
8 Schmitz, Austin	Axtell	5:13.09
9 Keegan, D.	B&B	5:26.02

**Boys 3200 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Potuzak, Alex	Clifton-Clyde	10:26.37 10
2 Berger, Lane	Valley Heights	10:40.43 8
3 Deaver, Alex	Clifton-Clyde	10:40.99 6
4 Koch, Lukas	Centralia	10:57.52 4
5 Dreith, Alan	Blue Valley	11:12.21 2
6 Schmitz, Austin	Axtell	11:17.00 1
7 Keegan, D.	B&B	11:23.75

## Twin Valley League Varsity Meet - 5/13/2010

## Valley Heights Jr Sr High School

## Results

**Finals ... (Boys 3200 Meter Run)**

Name	School	Finals
8 Kongs, Tyler	Washington	11:40.02
9 Barnes, Trevor	Clifton-Clyde	12:55.87
10 Innes, Brian	Blue Valley	13:26.00

**Boys 110 Meter Hurdles**

Name	School	Prelims
------	--------	---------

**Preliminaries**

1 Blackburn, Chase	Valley Heights	15.96Q
2 Haverkamp, K.	B&B	16.37Q
3 Deaver, Drew	Clifton-Clyde	16.62Q
4 Hattesoehl, Brandon	Washington	17.68Q
5 Steier, Steven	Clifton-Clyde	16.68q
6 Meyer, Keithen	Bern	17.78q
7 Falk, Ryan	Onaga	18.43q
8 Ronnebaum, Kevin	Axtell	18.78q
9 Schwant, Cody	Onaga	19.93
10 Roeder, Matthew	Frankfort	23.22

**Boys 110 Meter Hurdles**

Name	School	Finals
------	--------	--------

**Finals**

1 Haverkamp, K.	B&B	15.30	10
2 Blackburn, Chase	Valley Heights	15.68	8
3 Deaver, Drew	Clifton-Clyde	15.88	6
4 Steier, Steven	Clifton-Clyde	16.99	4
5 Hattesoehl, Brandon	Washington	17.30	2
6 Meyer, Keithen	Bern	17.84	1
7 Falk, Ryan	Onaga	18.08	
8 Ronnebaum, Kevin	Axtell	19.18	

**Boys 300 Meter Hurdles**

Name	School	Finals
------	--------	--------

**Finals**

1 Deaver, Drew	Clifton-Clyde	41.87	10
2 Huddleston, Kyle	Frankfort	42.90	8
3 Habr, Casey	Washington	43.78	6
4 Steier, Steven	Clifton-Clyde	44.06	4
5 Deaver, Alex	Clifton-Clyde	44.18	2
6 Glatczak, Tyler	Centralia	45.84	1
7 Blackburn, Chase	Valley Heights	46.24	
8 Ronnebaum, Kevin	Axtell	46.74	
9 Meyer, Keithen	Bern	48.11	
10 Falk, Riley	Onaga	49.08	
11 Schwant, Cody	Onaga	50.10	

**Boys 4x100 Meter Relay**

Team	Relay	Finals
------	-------	--------

**Finals**

1 Washington Count	A	45.15	10
1) Habr, Casey	2) Fiser, Ryan		
3) Allen, Cody	4) Frager, Jake		
2 Centralia High School	A	45.53	8
1) Glatczak, Michael	2) Steinlage, Phil		
3) Glatczak, Tyler	4) Talkington, Kaylor		

3 Clifton-Clyde	A	46.12	6
1) Deaver, Drew	2) Long, Mitchell		
3) Deaver, Alex	4) Bloomfield, Brayden		

4 Valley Heights	A	46.24	4
1) Boeschling, Aaron	2) Guzzo, Anthony		
3) Dobrovolny, Brody	4) Crook, Jordan		

5 Onaga High School	A	46.27	2
6 B&B High School	A	46.28	1

1) Huerter, Ryan	2) Haverkamp, K.		
3) Schraad, A.	4) Engelken, Mitch		

7 Blue Valley	A	46.90	
1) Stueve, Dalton	2) Phinney, Justin		
3) Stueve, Dustin	4) Jones, Grant		

**Boys 4x400 Meter Relay**

Team	Relay	Finals
------	-------	--------

**Finals**

1 Clifton-Clyde	A	3:36.18	10
1) Long, Mitchell	2) Sipe, Chris		
3) Deaver, Drew	4) Bloomfield, Brayden		

2 B&B High School	A	3:40.06	8
1) Huerter, Ryan	2) Huerter, Eric		
3) Buessing, D	4) Schraad, A.		

3 Washington Count	A	3:40.28	6
1) Mock, Mark	2) Fiser, Ryan		
3) Good, Todd	4) Habr, Casey		

4 Onaga High School	A	3:42.66	4
5 Frankfort High School	A	3:44.50	2
6 Blue Valley	A	4:05.94	1

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1 Frankfort High School	A	8:58.09	10
2 Onaga High School	A	9:23.62	8
3 B&B High School	A	9:44.65	6

1) Holthaus, W.	2) Engelken, Matt		
3) Macke, J.	4) Keegan, D.		

4 Clifton-Clyde	A	10:38.90	4
1) Barnes, Trevor	2) Bulleigh, Matt		
3) Rogers, Grant	4) Wren, Jake		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

1) Hellebust, Jeb	2) Dreith, Alan		
3) Nelson, Bryon	4) Jones, Grant		

## Twin Valley League Varsity Meet - 5/13/2010

## Valley Heights Jr Sr High School

## Results

## Finals ... (Boys High Jump)

Name	School	Finals
9 Huninghake, Randy	Frankfort	5-08.00
11 Bergman, Jordan	Frankfort	5-06.00
11 Huerter, Eric	B&B	5-06.00
11 Eisenbarth, Tom	Onaga	5-06.00

## Boys Pole Vault

Name	School	Finals
<b>Finals</b>		
1 Leuthold, Ben	Bern	13-00.00 10
2 Steinlage, Phil	Centralia	12-06.00 8
3 Sipe, Chris	Clifton-Clyde	12-00.00 6
4 Nightingale, Gale	Centralia	12-00.00 4
5 Stallbaumer, Logan	Centralia	11-06.00 2
6 Meyer, Keithen	Bern	11-00.00 1
7 Fahey, Brett	Clifton-Clyde	10-06.00

## Boys Long Jump

Name	School	Prelims
<b>Preliminaries</b>		
1 Nightingale, Gale	Centralia	21-06.50q
2 Holle, Tyler	Linn	20-10.00q
3 Fiser, Ryan	Washington	20-02.00q
4 Huninghake, Randy	Frankfort	19-09.25q
5 Nightingale, Jerell	Centralia	19-06.00q
6 Heiman, Tyler	Axtell	18-09.75q
7 Guzzo, Anthony	Valley Heights	18-08.25q
8 Kramer, Bradley	Washington	17-10.25
9 Meadows, Alex	Washington	17-09.25
10 Crook, Jordan	Valley Heights	17-03.00
11 Phinney, Justin	Blue Valley	16-09.75
12 Stueve, Dalton	Blue Valley	16-03.00
13 Kiefer, Nick	Wetmore	16-00.50
14 Bulleigh, Matt	Clifton-Clyde	15-00.25
--- Cornelison, Shaun	Centralia	ND

## Boys Long Jump

Name	School	Finals
<b>Finals</b>		
1 Nightingale, Gale	Centralia	21-07.50 10
2 Holle, Tyler	Linn	20-10.00 8
3 Fiser, Ryan	Washington	20-02.00 6
4 Huninghake, Randy	Frankfort	19-09.25 4
5 Nightingale, Jerell	Centralia	19-08.50 2
6 Heiman, Tyler	Axtell	18-09.75 1
7 Guzzo, Anthony	Valley Heights	18-08.25

## Boys Triple Jump

Name	School	Prelims
<b>Preliminaries</b>		
1 Nightingale, Jerell	Centralia	40-03.50q
2 Falk, Riley	Onaga	40-03.00q
3 Cornelison, Shaun	Centralia	39-07.00q
4 Huddleston, Kyle	Frankfort	39-06.50q
5 Dobrovolny, Brody	Valley Heights	39-06.00q

6 Falk, Ryan	Onaga	39-02.00q
7 Nightingale, Gale	Centralia	39-00.00q
8 Bloomfield, Brayden	Clifton-Clyde	38-10.50
9 Reznicek, Evan	Wetmore	38-00.00
10 Ohlde, Weston	Linn	37-04.50
11 Fiser, Ryan	Washington	36-09.00
12 Stueve, Dustin	Blue Valley	36-07.00
13 Macke, J.	B&B	36-03.50
14 Hattesoehl, Brandon	Washington	36-01.50
--- Bulleigh, Matt	Clifton-Clyde	ND

## Boys Triple Jump

Name	School	Finals
<b>Finals</b>		
1 Huddleston, Kyle	Frankfort	41-02.00 10
2 Nightingale, Jerell	Centralia	40-03.50 8
3 Falk, Riley	Onaga	40-03.00 6
4 Cornelison, Shaun	Centralia	39-07.00 4
5 Dobrovolny, Brody	Valley Heights	39-06.00 2
6 Falk, Ryan	Onaga	39-02.00 1
7 Nightingale, Gale	Centralia	39-00.00

## Boys Shot Put

Name	School	Prelims
<b>Preliminaries</b>		
1 Miller, Isaac	Washington	52-07.00q
2 Lambert, Tyler	Clifton-Clyde	50-01.25q
3 Cyphers, Levi	Clifton-Clyde	46-07.25q
4 Haug, Logan	B&B	45-00.00q
5 Steinlage, Rodney	Centralia	44-01.50q
6 Dittmer, Dylan	Washington	43-00.25q
7 Broxterman, Jacob	Frankfort	41-00.75q
8 Vogt, Brett	Washington	40-04.00q
9 Peters, Aaron	Linn	39-10.75
10 Shmitz, Matt	Valley Heights	39-04.25
11 Bergstrom, Reed	Clifton-Clyde	38-08.00
12 Haug, Nathan	B&B	38-07.00
13 Reisinger, Jordan	Onaga	37-08.50
14 Broxterman, Caleb	Frankfort	35-03.00
15 Kolterman, Bryce	Onaga	35-02.50
16 Carlson, Jake	Valley Heights	34-10.00
17 Innes, Brian	Blue Valley	34-08.25
18 Oneil, Booby	Blue Valley	34-07.50
19 Meyer, Joshua	Hanover	34-04.25
20 Boeschling, Aaron	Valley Heights	32-11.00

## Boys Shot Put

Name	School	Finals
<b>Finals</b>		
1 Miller, Isaac	Washington	52-07.00 10
2 Lambert, Tyler	Clifton-Clyde	50-01.25 8
3 Cyphers, Levi	Clifton-Clyde	47-04.50 6
4 Haug, Logan	B&B	45-00.00 4
5 Steinlage, Rodney	Centralia	44-01.50 2
6 Dittmer, Dylan	Washington	44-00.50 1
7 Broxterman, Jacob	Frankfort	42-07.00

## Twin Valley League Varsity Meet - 5/13/2010

## Valley Heights Jr Sr High School

## Results

**Finals ... (Boys Shot Put)**

Name	School	Finals
8 Vogt, Brett	Washington	41-10.25

**Boys Discus Throw**

Name	School	Prelims
------	--------	---------

**Preliminaries**

1 Steinlage, Rodney	Centralia	141-08q
2 Bergstrom, Reed	Clifton-Clyde	137-00q
3 Penning, Kennan	Washington	130-05q
4 Vogt, Brett	Washington	126-08q
5 Cyphers, Levi	Clifton-Clyde	121-05q
6 Lambert, Tyler	Clifton-Clyde	121-03q
7 Ohlde, Weston	Linn	116-03q
8 Sowers, Mitchell	Wetmore	111-06
8 Andersen, Garrett	Valley Heights	111-06
10 Savage, Mitchell	Washington	110-05
11 Studer, Vince	Frankfort	109-04
12 Haug, Logan	B&B	108-02
13 Broxterman, Caleb	Frankfort	105-05
14 Oneil, Booby	Blue Valley	105-04
15 Broxterman, Jacob	Frankfort	104-06
16 Haug, Nathan	B&B	100-07
17 Innes, Brian	Blue Valley	98-09
18 Reisinger, Jordan	Onaga	97-06
19 Boeschling, Aaron	Valley Heights	86-06
20 Kolterman, Bryce	Onaga	85-09
21 Meyer, Joshua	Hanover	77-03
22 Mueting, K.	B&B	76-11

**Boys Discus Throw**

Name	School	Finals
------	--------	--------

**Finals**

1 Steinlage, Rodney	Centralia	141-08	10
2 Bergstrom, Reed	Clifton-Clyde	138-08	8
3 Vogt, Brett	Washington	130-07	6
4 Penning, Kennan	Washington	130-05	4
5 Ohlde, Weston	Linn	127-06	2
6 Cyphers, Levi	Clifton-Clyde	123-03	1
7 Lambert, Tyler	Clifton-Clyde	121-03	

**Boys Javelin Throw**

Name	School	Prelims
------	--------	---------

**Preliminaries**

1 Savage, Mitchell	Washington	175-06q
2 Miller, Isaac	Washington	165-04q
3 Eisenbarth, Heath	Wetmore	158-09q
4 Melvin, Jeremy	Onaga	157-11q
5 Carlson, Jake	Valley Heights	157-02q
6 Henry, Ross	Wetmore	154-08q
7 Wilson, Caleb	Washington	149-06q
8 Fahey, Brett	Clifton-Clyde	141-04
9 Shmitz, Matt	Valley Heights	136-11
10 Nelson, Bryon	Blue Valley	132-11
11 Deaver, Alex	Clifton-Clyde	129-09
12 Andersen, Garrett	Valley Heights	129-04

13 Broxterman, Jacob	Frankfort	129-00
14 Peters, Aaron	Linn	128-01
15 Mueting, K.	B&B	126-10
16 Reisinger, Jordan	Onaga	126-00
17 Schwant, Cody	Onaga	115-08
18 Hellebust, Jeb	Blue Valley	106-11
19 Keegan, D.	B&B	95-07

**Boys Javelin Throw**

Name	School	Finals
------	--------	--------

**Finals**

1 Savage, Mitchell	Washington	183-03	10
2 Melvin, Jeremy	Onaga	170-00	8
3 Miller, Isaac	Washington	165-04	6
4 Carlson, Jake	Valley Heights	161-01	4
5 Eisenbarth, Heath	Wetmore	158-09	2
6 Wilson, Caleb	Washington	157-09	1
7 Henry, Ross	Wetmore	151-05	

## Twin Valley League Varsity Meet - 5/13/2010

## Valley Heights Jr Sr High School

## Results

**Girls 100 Meter Dash**

Name	School	Prelims
<b>Preliminaries</b>		
1 Dodd, Alani	Washington	12.81Q
2 Rottinghaus, N.	B&B	12.84Q
3 Schmitz, A.	B&B	13.37Q
4 Gleason, Joanie	Centralia	13.40Q
5 Maynard, Heather	Frankfort	13.46q
6 Stegman, Megan	Washington	13.52q
7 Koch, Bridget	Axtell	13.72q
8 Koch, J.	B&B	13.90q
9 Branfort, Bethany	Clifton-Clyde	13.93
10 Clark, Sierra	Blue Valley	14.02
11 Bailey, Bonnie	Washington	14.18
12 Hays, Kristen	Valley Heights	14.43
13 Langsdorf, Lisa	Frankfort	14.99
14 Lohse, Alyssa	Linn	15.24
15 Barnes, Nicole	Clifton-Clyde	15.28
16 Meyer, Alisha	Linn	15.69

**Girls 100 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Dodd, Alani	Washington	12.49 10
2 Rottinghaus, N.	B&B	12.75 8
3 Gleason, Joanie	Centralia	13.12 6
4 Schmitz, A.	B&B	13.24 4
5 Stegman, Megan	Washington	13.35 2
6 Maynard, Heather	Frankfort	13.43 1
7 Koch, Bridget	Axtell	13.81
8 Koch, J.	B&B	14.12

**Girls 200 Meter Dash**

Name	School	Prelims
<b>Preliminaries</b>		
1 Gleason, Joanie	Centralia	27.71Q
2 Rottinghaus, N.	B&B	27.75Q
3 Branfort, Bethany	Clifton-Clyde	28.14Q
4 Ross, Annie	Blue Valley	28.31Q
5 Ames, Debbie	Onaga	28.18q
6 Koch, Bridget	Axtell	28.75q
7 Stegman, Megan	Washington	30.02q
8 Hennerberg, JoLynn	Washington	30.06q
9 Hays, Kristen	Valley Heights	30.42
10 Lockhart, Dani	Valley Heights	30.75
11 Tormondson, Miranda	Valley Heights	30.90

**Girls 200 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Rottinghaus, N.	B&B	27.28 10
2 Gleason, Joanie	Centralia	27.75 8
3 Stegman, Megan	Washington	28.09 6
4 Ames, Debbie	Onaga	28.56 4
5 Branfort, Bethany	Clifton-Clyde	28.57 2

6 Ross, Annie	Blue Valley	28.72 1
7 Koch, Bridget	Axtell	29.49
8 Hennerberg, JoLynn	Washington	29.62

**Girls 400 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Zabokrtsky, Kendra	Hanover	1:01.11 10
2 Heiman, Laura	Axtell	1:05.46 8
3 Musil, Ellie	Valley Heights	1:05.65 6
4 Glessner, Erika	Onaga	1:07.21 4
5 Schmitz, A.	B&B	1:07.24 2
6 Rengstorg, Ashley	Hanover	1:07.87 1
7 Kennedy, Jordan	Frankfort	1:08.21
8 Slater, Britni	Washington	1:08.40
9 Kasper, Julia	Washington	1:10.08
10 Wilkinson, Morgan	Valley Heights	1:10.27
11 Bryan, Cecilia	Onaga	1:11.81
12 Seifert, Danielle	Clifton-Clyde	1:12.72
13 Hays, Kristen	Valley Heights	1:17.78
14 Wilson, Andrea	Washington	1:19.78

**Girls 800 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Jueneman, Courtney	Hanover	2:37.46 10
2 Hubert, Alyssa	Clifton-Clyde	2:41.37 8
3 Kramer, Kelsey	B&B	2:42.68 6
4 Wilson, Amanda	Washington	2:44.05 4
5 Glessner, Bethany	Onaga	2:44.96 2
6 Smart, Mykaela	Frankfort	2:50.09 1
7 Hoard, Crystal	Blue Valley	2:50.13
8 Bruna, Tiffany	Hanover	2:50.95

**Girls 1600 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Schmitz, Audrey	Axtell	5:40.52 10
2 George, Kenzie	Clifton-Clyde	5:44.78 8
3 VanCampen, Karly	Clifton-Clyde	5:45.49 6
4 Boos, Amber	Onaga	6:03.56 4
5 Macke, S.	B&B	6:08.93 2
6 Edgar, Hannah	Linn	6:10.33 1
7 Good, Samantha	Washington	6:14.84
8 Hoard, Crystal	Blue Valley	6:16.93
9 Ludwig, Kayla	Axtell	6:17.71
10 Henry, Allie	Blue Valley	6:49.37

**Girls 3200 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 VanCampen, Karly	Clifton-Clyde	12:26.50 10
2 Schmitz, Audrey	Axtell	12:26.65 8
3 George, Kenzie	Clifton-Clyde	12:38.00 6
4 Good, Samantha	Washington	13:25.06 4
5 Macke, S.	B&B	13:51.74 2

## Twin Valley League Varsity Meet - 5/13/2010

## Valley Heights Jr Sr High School

## Results

## Finals ... (Girls 3200 Meter Run)

Name	School	Finals
6 Boos, Amber	Onaga	14:05.18 1

## Girls 100 Meter Hurdles

Name	School	Prelims
------	--------	---------

## Preliminaries

1 Roberts, Tia	Frankfort	16.56Q
2 Parker, Macy	Valley Heights	16.81Q
3 Derusseau, Dani	Clifton-Clyde	17.25Q
4 Dodd, Alani	Washington	17.27Q
5 Baumgartner, Laura	Bern	17.47q
6 George, Michelle	Clifton-Clyde	17.52q
7 Haug, Michelle	Centralia	18.28q
8 Griffin, Taylor	Frankfort	18.65q
9 Heideman, Beth	Centralia	18.96
10 Schwant, Destiney	Onaga	21.16

## Girls 100 Meter Hurdles

Name	School	Finals
------	--------	--------

## Finals

1 Roberts, Tia	Frankfort	16.50 10
2 Baumgartner, Laura	Bern	16.59 8
3 Parker, Macy	Valley Heights	16.65 6
4 Derusseau, Dani	Clifton-Clyde	17.25 4
5 Dodd, Alani	Washington	17.53 2
6 George, Michelle	Clifton-Clyde	18.28 1
7 Griffin, Taylor	Frankfort	18.78
8 Haug, Michelle	Centralia	19.53

## Girls 300 Meter Hurdles

Name	School	Finals
------	--------	--------

## Finals

1 Baumgartner, Laura	Bern	47.75 10
2 Roberts, Tia	Frankfort	48.50 8
3 Heideman, Beth	Centralia	50.32 6
4 Kramer, Dana	Wetmore	50.44 4
5 Parker, Macy	Valley Heights	51.53 2
6 Derusseau, Dani	Clifton-Clyde	52.29 1
7 George, Michelle	Clifton-Clyde	54.81
8 Henry, Allie	Blue Valley	55.72
9 Haug, Michelle	Centralia	56.19
10 Schwant, Destiney	Onaga	56.34
11 Fencl, Kayley	Washington	56.93

## Girls 4x100 Meter Relay

Team	Relay	Finals
------	-------	--------

## Finals

1 Washington Count	A	52.24 10
2 B&B High School	A	52.78 8
1) Schmitz, A.	2) Deters, C.	
3) Rottinghaus, N.		
3 Frankfort High School	A	52.97 6
4 Hanover High School	A	53.15 4
5 Onaga High School	A	53.84 2

6 Valley Heights	A	54.50 1
------------------	---	---------

1) Bargdill, Miranda	2) Lockhart, Dani
3) Musil, Ellie	4) Parker, Macy

7 Clifton-Clyde	A	54.71
-----------------	---	-------

1) Derusseau, Dani	2) Keiffer, Alyssa
3) Barnes, Nicole	4) Branfort, Bethany

8 Centralia High School	A	55.06
-------------------------	---	-------

1) Heideman, Beth	2) Haug, Michelle
3) Heideman, Renee	4) Gleason, Joanie

9 Blue Valley	A	56.46
---------------	---	-------

1) Loberg, Brooke	2) Friedrich, Callie
3) Clark, Sierra	4) Ross, Annie

## Girls 4x400 Meter Relay

Team	Relay	Finals
------	-------	--------

## Finals

1 Hanover High School	A	4:15.60 10
-----------------------	---	------------

2 Frankfort High School	A	4:26.50 8
-------------------------	---	-----------

3 Blue Valley	A	4:30.56 6
---------------	---	-----------

1) Henry, Allie	2) Friedrich, Callie
3) Clark, Sierra	4) Ross, Annie

4 Onaga High School	A	4:32.28 4
---------------------	---	-----------

5 Washington Count	A	4:34.06 2
--------------------	---	-----------

6 Valley Heights	A	4:43.28 1
------------------	---	-----------

1) Bargdill, Miranda	2) Hays, Kristen
3) Tormondson, Miranda	4) Wilkinson, Morgan

7 Clifton-Clyde	A	4:48.00
-----------------	---	---------

1) Seifert, Danielle	2) George, Michelle
3) Hubert, Alyssa	4) Branfort, Bethany

## Girls 4x800 Meter Relay

Team	Relay	Finals
------	-------	--------

## Finals

1 Clifton-Clyde	A	10:37.02 10
-----------------	---	-------------

1) VanCampen, Karly	2) George, Michelle
3) Hubert, Alyssa	4) Seifert, Danielle

2 Axtell High School	A	10:42.91 8
----------------------	---	------------

1) Schmitz, Audrey	2) Heimann, Laura
3) Koch, Bridget	4) Ludwig, Kayla

3 B&B High School	A	10:52.96 6
-------------------	---	------------

1) Kramer, Kelsey	2) Strathman, H.
3) Macke, S.	

4 Hanover High School	A	10:54.52 4
-----------------------	---	------------

5 Onaga High School	A	11:13.31 2
---------------------	---	------------

6 Frankfort High School	A	11:34.81 1
-------------------------	---	------------

## Girls High Jump

Name	School	Finals
------	--------	--------

## Finals

1 Strathman, H.	B&B	4-10.00 10
-----------------	-----	------------

2 Griffin, Taylor	Frankfort	4-08.00 7
-------------------	-----------	-----------

2 Zabokrtsky, Kendra	Hanover	4-08.00 7
----------------------	---------	-----------

4 Krohn, Jordan	Onaga	J4-08.00 4
-----------------	-------	------------

5 Dressman, Kylie	Frankfort	J4-08.00 2
-------------------	-----------	------------

6 Bryan, Cecilia	Onaga	4-06.00 1
------------------	-------	-----------

7 Koch, Stacy	Axtell	J4-06.00
---------------	--------	----------

## Twin Valley League Varsity Meet - 5/13/2010

## Valley Heights Jr Sr High School

## Results

**Finals ... (Girls High Jump)**

Name	School	Finals
8 Lohse, Alyssa	Linn	4-04.00
8 Henry, Allie	Blue Valley	4-04.00
10 Shaheen, Kara	Blue Valley	4-02.00
10 Seifert, Danielle	Clifton-Clyde	4-02.00
10 Slater, Britni	Washington	4-02.00
10 Loberg, Brooke	Blue Valley	4-02.00

**Girls Pole Vault**

Name	School	Finals
<b>Finals</b>		
1 Deters, Kindal	Centralia	9-00.00 10
2 Knox, Bryna	Clifton-Clyde	9-00.00 8
3 Jones, Jessa	Frankfort	8-06.00 5
3 Keiffer, Alyssa	Clifton-Clyde	8-06.00 5
5 Baumgartner, Laura	Bern	8-00.00 1
5 Feight, Morgan	Clifton-Clyde	8-00.00 1
5 Griffin, Taylor	Frankfort	8-00.00 1
8 Stegman, Megan	Washington	7-06.00
8 Heideman, Renee	Centralia	7-06.00
8 Stallbaumer, Ciara	Centralia	7-06.00
11 Kasper, Julia	Washington	7-00.00

**Girls Long Jump**

Name	School	Prelims
<b>Preliminaries</b>		
1 Rottinghaus, N.	B&B	16-04.00q
2 Kramer, Dana	Wetmore	15-04.00q
3 Heideman, Renee	Centralia	15-03.50q
4 Langsdorf, Lisa	Frankfort	15-01.00q
5 Gleason, Joanie	Centralia	14-09.50q
6 Musil, Ellie	Valley Heights	14-08.00q
6 Bruna, Claire	Hanover	14-08.00q
8 Rengstorg, Ashley	Hanover	14-06.00
8 Bargdill, Miranda	Valley Heights	14-06.00
10 Wilkinson, Morgan	Valley Heights	14-05.00
11 Ames, Debbie	Onaga	14-04.50
12 Boden, Nichole	Wetmore	14-04.00
13 Mitchell, Hannah	Axtell	14-02.50
14 Barnes, Nicole	Clifton-Clyde	14-01.00
15 Slater, Britni	Washington	13-11.00
16 Deters, C.	B&B	13-08.50
17 Clark, Sierra	Blue Valley	13-04.00
18 Wilson, Amanda	Washington	13-03.00
19 Ames, Becky	Onaga	13-02.00
20 Hoard, Crystal	Blue Valley	11-09.00

**Girls Long Jump**

Name	School	Finals
<b>Finals</b>		
1 Rottinghaus, N.	B&B	16-04.00 10
2 Langsdorf, Lisa	Frankfort	15-07.00 8
3 Kramer, Dana	Wetmore	15-05.00 6
4 Musil, Ellie	Valley Heights	15-05.00 4
5 Heideman, Renee	Centralia	15-03.50 2

6 Gleason, Joanie	Centralia	14-10.50 1
7 Bruna, Claire	Hanover	14-08.00

**Girls Triple Jump**

Name	School	Prelims
<b>Preliminaries</b>		
1 Maynard, Heather	Frankfort	32-11.00q
2 Zabokrtsky, Kendra	Hanover	32-02.50q
3 Musil, Ellie	Valley Heights	32-02.00q
4 Schmitz, A.	B&B	31-06.00q
5 Krohn, Jordan	Onaga	31-05.50q
5 Strathman, H.	B&B	31-05.50q
7 Parker, Macy	Valley Heights	31-04.00q
8 Mitchell, Hannah	Axtell	30-10.00
9 Bloomfield, Blair	Clifton-Clyde	30-07.50
10 Bruna, Claire	Hanover	30-06.50
11 Wilkinson, Morgan	Valley Heights	30-04.00
12 Keiffer, Alyssa	Clifton-Clyde	30-01.00
13 Dwerlkotte, Erica	Frankfort	29-02.50
14 Friedrich, Callie	Blue Valley	29-01.50
15 Kohman, Rebecca	Frankfort	28-08.50
16 Bailey, Bonnie	Washington	28-07.00
17 Shaheen, Kara	Blue Valley	28-03.50

**Girls Triple Jump**

Name	School	Finals
<b>Finals</b>		
1 Maynard, Heather	Frankfort	32-11.00 10
2 Schmitz, A.	B&B	32-09.00 8
3 Zabokrtsky, Kendra	Hanover	32-08.00 6
4 Musil, Ellie	Valley Heights	32-03.50 4
5 Parker, Macy	Valley Heights	32-03.00 2
6 Strathman, H.	B&B	31-07.00 1
7 Krohn, Jordan	Onaga	31-05.50

**Girls Shot Put**

Name	School	Prelims
<b>Preliminaries</b>		
1 Keating, Chelsea	Frankfort	41-03.25q
2 Alexander, Jordyn	Washington	38-00.75q
3 Nutsch, Paige	Linn	33-11.50q
4 Johnson, Hilary	Washington	32-05.50q
5 Walker, Mary	Bern	32-03.50q
6 Stamm, Brooke	Washington	31-08.00q
7 Langsdorf, Lisa	Frankfort	31-07.50q
8 Bargdill, Miranda	Valley Heights	31-03.50q
9 Sudbeck, Katrina	B&B	31-02.00
10 Hale, Josie	Frankfort	29-03.50
11 Lockhart, Dani	Valley Heights	29-03.00
12 Shaheen, Tiffany	Blue Valley	28-11.00
13 Meyer, Amanda	Bern	28-07.50
14 Blackwood, Megan	Clifton-Clyde	26-07.50
15 Wiegert, Katelyn	Centralia	26-06.75
16 Zidek, Jessie	Valley Heights	25-06.50
17 Hasenkamp, Becca	Centralia	24-07.50
18 Gill, Kelli	Centralia	23-07.00

## Twin Valley League Varsity Meet - 5/13/2010

## Valley Heights Jr Sr High School

## Results

**Girls Shot Put**

Name	School	Finals
<b>Finals</b>		
1 Keating, Chelsea	Frankfort	41-03.25 10
2 Alexander, Jordyn	Washington	38-00.75 8
3 Nutsch, Paige	Linn	34-07.75 6
4 Johnson, Hilary	Washington	33-04.25 4
5 Bargdill, Miranda	Valley Heights	32-11.75 2
6 Walker, Mary	Bern	32-03.50 1
7 Stamm, Brooke	Washington	31-08.00
8 Langsdorf, Lisa	Frankfort	31-07.50

**Girls Discus Throw**

Name	School	Prelims
<b>Preliminaries</b>		
1 Alexander, Jordyn	Washington	111-11q
2 Stamm, Brooke	Washington	110-04q
3 Keating, Chelsea	Frankfort	103-11q
4 Wiegert, Katelyn	Centralia	100-03q
5 Johnson, Hilary	Washington	100-01q
6 Hale, Josie	Frankfort	98-07q
7 Bloomfield, Blair	Clifton-Clyde	96-07q
8 Meyer, Amanda	Bern	92-04.50
9 Nutsch, Paige	Linn	92-02
10 Heck, Melissa	Linn	89-02
11 Walker, Mary	Bern	86-06.50
12 Sudbeck, Katrina	B&B	79-00
13 Simoncic, Victoria	Hanover	73-07
14 Zidek, Jessie	Valley Heights	73-04
15 Lockhart, Dani	Valley Heights	72-04
16 Loberg, Brooke	Blue Valley	70-08
17 Shaheen, Tiffany	Blue Valley	66-05
18 Huls, Megan	Bern	46-07

**Girls Discus Throw**

Name	School	Finals
<b>Finals</b>		
1 Alexander, Jordyn	Washington	116-02.50 10
2 Stamm, Brooke	Washington	110-04 8
3 Keating, Chelsea	Frankfort	109-03 6
4 Johnson, Hilary	Washington	101-09 4
5 Wiegert, Katelyn	Centralia	100-03 2
6 Hale, Josie	Frankfort	98-07 1
7 Bloomfield, Blair	Clifton-Clyde	96-07

**Girls Javelin Throw**

Name	School	Prelims
<b>Preliminaries</b>		
1 Rogers, Ashley	Frankfort	118-08q
2 Hobbs, Jancee	Clifton-Clyde	112-03q
3 Fencl, Kayley	Washington	106-09q
4 Dwerlkotte, Erica	Frankfort	106-03q
5 Nutsch, Paige	Linn	104-00q
6 Deters, C.	B&B	101-06q
7 Hasenkamp, Becca	Centralia	98-05q

8 Shaheen, Tiffany	Blue Valley	95-05
9 Shaheen, Kara	Blue Valley	94-06
10 Boyd, Kassie	Onaga	92-07
11 Heck, Melissa	Linn	89-08
12 Zidek, Jessie	Valley Heights	88-10
13 Hale, Josie	Frankfort	88-03
14 Walker, Mary	Bern	83-05
15 Simoncic, Victoria	Hanover	82-09
16 Bisnette, Morgan	Washington	82-07
17 Gill, Kelli	Centralia	76-08
18 Meyer, Amanda	Bern	76-01
19 Tormondson, Miranda	Valley Heights	74-09
20 Meggison, Amber	Wetmore	72-01
21 Hennerberg, JoLynn	Washington	67-11
22 Schwant, Destiney	Onaga	65-02
23 Huls, Megan	Bern	63-00
24 Blackwood, Megan	Clifton-Clyde	54-09

**Girls Javelin Throw**

Name	School	Finals
<b>Finals</b>		
1 Rogers, Ashley	Frankfort	118-08 10
2 Hobbs, Jancee	Clifton-Clyde	112-03 8
3 Deters, C.	B&B	107-03 6
4 Fencl, Kayley	Washington	106-09 4
5 Dwerlkotte, Erica	Frankfort	106-03 2
6 Nutsch, Paige	Linn	106-02 1
7 Hasenkamp, Becca	Centralia	101-06